

ISSUE 2

# LIMEJUICE

LIMESTONE COAST DIVISION OF GENERAL PRACTICE

28<sup>th</sup> JANUARY 2009

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## Limejuice 2009

### NEWS IN BRIEF....

The Limestone Coast Division of General Practice will announce soon the new Chief Executive Officer.

The Division has opened a satellite office in Mount Gambier where the HART Program will be based.

For previous Limejuice Newsletters visit [www.limestonecoastgp.com.au](http://www.limestonecoastgp.com.au)

## Health Promotion Calendar - FEBRUARY 2009

- 1<sup>st</sup> -28<sup>th</sup> Ovarian Cancer Awareness Month [www.ovariancancer.net.au](http://www.ovariancancer.net.au)
- 4<sup>th</sup> World Cancer Day [www.un.org](http://www.un.org)
- 2<sup>nd</sup> – 8<sup>th</sup> Naturopathy Awareness Week [www.endeavour.edu.au](http://www.endeavour.edu.au)
- 2<sup>nd</sup> – 8<sup>th</sup> World Salt Awareness Week [www.thegeorgeinstitute.org](http://www.thegeorgeinstitute.org)
- 25<sup>th</sup> Year of the Blood Donor Launch [www.donateblood.com.au](http://www.donateblood.com.au)



### The Juice Birthdays

February 2009

13<sup>th</sup> Dr Malcolm Gale  
23<sup>rd</sup> Dr Stephan Van Eeden



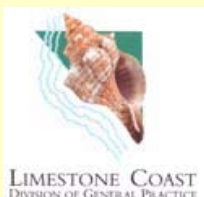
### CONTACT LCDGP

[www.limestonecoastgp.com.au](http://www.limestonecoastgp.com.au)  
[edwinaw@limestonecoastgp.com.au](mailto:edwinaw@limestonecoastgp.com.au)

PH: 08 8733 0160 FAX: 08 8733 0169

PO Box 921, Millicent SA 5280

A.C. Shepherd Wing, Millicent Hospital, Mt Gambier Road





## LCDGP news and events

### Contact:

Natala Drew

Local Immunisation Co-ordinator

8733 0160

[ndrew@limestonecoastgp.com.au](mailto:ndrew@limestonecoastgp.com.au)

### School Based Immunisation Program 2009 Vaccines offered to Year 8 students

#### **Hepatitis B**

2 dose schedule using HBVax II Adult Formulation ONLY

#### **Varicella – chickenpox.**

For students under 14 years, 1 dose of Varicella vaccine (Varilrix/Varivax) if they have not previously received the vaccine or had a confirmed case of the Chickenpox.

#### **Human papillomavirus**

(Female Students Only) – 3 dose schedule using Gardasil vaccine

#### **Vaccine offered in Year 9**

#### **Adult/adolescent diphtheria, tetanus and pertussis (whooping cough)**

1 dose of dTpa (Boostrix)

As the Immunisation Section would like to ensure that no student misses out on the program, he or she can be vaccinated at either:

- o School Program Provider Clinic (free vaccine, free service)

OR

- o Local doctor (parents are informed that if the doctor is not contracted to provide School Based Immunisation Program vaccines there may be a cost involved for the prescription and consultation.)

If the adolescent is vaccinated “outside of school”, the immunisation provider is required to complete the **School Based Immunisation Program “Record of Immunisation.”** After vaccination, the immunisation provider must fill out both parts of the record form.

1. Give the “**Parent/Guardian Copy**” to the parent/Legal Guardian
2. Post the “**Immunisation section Copy**” to the immunisation section (no postage required)

Practices will be sent these records for you to utilise. Please if you require more “Record of Immunisation” or have any questions about the School Based Immunisation Program please contact [ndrew@limestonecoastgp.com.au](mailto:ndrew@limestonecoastgp.com.au) or phone the Immunisation section, SA Health on 08 82267177.



### The End of the Funded HPV Vaccine

**Contact:**

Natala Drew

Local Immunisation Co-ordinator

8733 0160

[ndrew@limestonecoastgp.com.au](mailto:ndrew@limestonecoastgp.com.au)

"Currently the HPV vaccination program offers funded vaccine to: 12-13 yr old females through an ongoing school based delivery program in Yr 8 in SA and 14-26 yr old females through a catch up program delivered through GPs and other immunisation providers.

On June 30 2009 the catch up program will cease. After this date anyone commencing a course (i.e. receiving dose 1) must access the vaccine privately via a prescription. Those who have already commenced a course prior to June 30 2009 have until December 31 2009 to complete the course with funded vaccine. After December 31 2009 funded vaccine will only be available to Year 8 females through the ongoing school based delivery program."

### PAP SMEAR PROVIDER COURSE – 10<sup>TH</sup> MARCH 2009

**Contact:**

Helen Van Eeden

Practice Nurse Program Officer

8733 0160

[hvaneeden@limestonecoastgp.com.au](mailto:hvaneeden@limestonecoastgp.com.au)

SHine SA in conjunction with SA Cervix Screening Program, has developed a Pap Smear Provider Course. The course is suitable for registered nurses, midwives and practice nurses, who could include Pap Smears as part of their clinical practice.

The Program consists of:

- Pre-workshop readings and workbook.
- One-day theoretical workshop.
- Negotiated clinical placement at SHine SA that enables participants to attain provisional competency.
- Three-month post placement evaluation of performance to attain certificate of competency.
- Optical annual / biannual skills assessment review as needed.

The course will be held on the 10<sup>th</sup> March 2009 at the Conference Room, Millicent Hospital. A Limit of 8 places only. Please contact Helene Van Eeden at the Division for more information and course registration.

## NON LCDGP news and events

**CONTACT:**

Amy Herlihy

Public Health Genetics, MCRI

### DO YOU HAVE PATIENTS with KLINEFELTER SYNDROME?

Klinefelter Syndrome (KS) is the most common chromosome disorder in males (47XXY), affecting approximately 1 in 650 males.

**That represents almost 15,000 males in Australia - yet up to 70% of cases remain undiagnosed, even though they may benefit from treatment.** Despite decades of work on the medical aspects of



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KS, almost nothing is known about how diagnosis with KS impacts psychosocially on an individual, and how this is influenced by age at diagnosis.

Andrology Australia, the national men's health organisation, together with the Murdoch Children's Research Institute, Prince Henry's Institute and Monash University, is undertaking a unique questionnaire study to determine how treatments and interventions accessed at different ages affect biomedical and quality of life outcomes in adulthood.

Men with KS aged 18 years and older, but diagnosed at all different ages (including prenatally), are invited to take part in the study.

**Doctors with KS patients are asked to forward study information to their patients** by mail or at a consultation. Study posters are also available for clinic waiting rooms. For colour copies of these materials or further information, please contact the project coordinator: Amy Herlihy.

## AN INTRODUCTION TO PRIMARY CARE RESEARCH

### Contact:

Dr Meredith Temple-Smith

P: 03 8344 3371

F: 03 9347 6136

E: [m.temple-smith@unimelb.edu.au](mailto:m.temple-smith@unimelb.edu.au)

or

Dr Helen McPhartlan

P: 03 8433 9050

Most Health Care in Australia is delivered in the General Practice setting. Yet how much of this health care is underpinned by good research evidence? There is increasing recognition that countries rich enough to afford medical research devote most of their research resources to laboratory-based research rather than primary care research, despite the need for research to guide quality in primary care.

Primary Care Research Unit at The University of Melbourne, is offering a 2-day intensive course which aims to introduce participants to various aspects of primary healthcare research.

On the Completion of the course participants will be able to:  
Describe the key functions of research in primary care. Explain the main factors that drive and influence research and its use in everyday practice, Identify strategies which support effective collaboration in research among primary care stakeholders and familiar with a variety of methods for accessing primary care research results.

For further information about the course and cost, please contact Dr Meredith Temple-Smith by email at [m.temple-smith@unimelb.edu.au](mailto:m.temple-smith@unimelb.edu.au) or visit [www.gp.unimelb.edu/pcru/events/](http://www.gp.unimelb.edu/pcru/events/)

**Contact:**

RDNS Education Centre

44 Greenhill Road

Wayville SA 5065

P: 8208 5300

F: 8208 5311

W: [www.rdnseducation.edu.au](http://www.rdnseducation.edu.au)

E: [education@rdns.org.au](mailto:education@rdns.org.au)

**RFDS – EDUCATION CENTRE**

A Community Health Support Manual is soon for release in 2009. This is an evidence based manual for training and competency assesment of careworkers.

The Manual has been written by a team of Clinical Nurse Consultants with extensive industry experience in both the aged and disability care sectors and rigorously reviewed by the RDNS Research team.

To register your interest in this manual please email:

[education@rdns.org.au](mailto:education@rdns.org.au)

**PRACTICE TEAM EDUCATION****Contact:**

The Royal Australian College of  
General Practitioners

College Hosue

15 Gover Street

North Adelaide SA 5006

P: 8267 8310

F: 8267 8319

W: [www.racgp.org.au](http://www.racgp.org.au)

**Course:** Injury Management in the Compensation Sector

**Date:** Tuesday 3<sup>rd</sup> February 2009

**Speaker:** Fiona Meredith, Manager, Best Practice Development Team, Workcover SA

**Course:** Basic First Aid

**Date:** Tueasday 10<sup>th</sup> February 2009

**Speaker:** Dr Hugh Grantham

**Course:** Team Building

**Date:** Tueaday 3<sup>rd</sup> March 2009

**Course facilitators:** Venture Corporate Recharge

**Course:** Effective Communication & Customer Service

**Date:** Tuesday 17<sup>th</sup> March 2009

**Speaker:** Ms Ro Forgan

Cost for courses: \$60 (members practice staff) & \$80 (non-members practice staff)

Confirmation: A confirmation letter will be posted upon registration & payment.

Cancellation Policy: Cancellations received 2 working days prior to the commencement date of each course will be refunded in total. Any Cancellation received after this time will not be refunded.

**Contact:**

Rural Health Education Foundation  
 Unit 17K  
 2 King Street Deakin ACT 2600  
 (PO Box 324, Curtain ACT 2605)  
 P: 02 6232 5480  
 F: 02 6232 5484  
 W: [www.rhef.com.au](http://www.rhef.com.au)  
 E: [rhef@rhef.com.au](mailto:rhef@rhef.com.au)

**Contact:**

Southern Adelaide Health Services  
 Sharon Reinbrecht  
 M: 0403 602 694  
 E: [sharon.reinbrecht@health.sa.gov.au](mailto:sharon.reinbrecht@health.sa.gov.au)  
 Or  
 Heather Broadbent  
 M: 0488 040 715  
[Heather.broadbent@health.sa.gov.au](mailto:Heather.broadbent@health.sa.gov.au)

**HEALTH & MEDICAL EDUCATIONAL DVD RESOURCES**

The Rural Health Education foundation is unique as the only Australia wide provider of health and medical educational television resource for rural and remote health professionals.

A full list of all the Foundation's programs is available via the website at [www.rhef.com.au](http://www.rhef.com.au) , where you can also view or listen and purchase DVD copies.

Please contact the Foundation for further information.

**CARING FOR PATIENTS RECEIVING CHEMOTHERAPY – WHAT IS THE ROLE OF THE LOCAL MEDICAL PRACTITIONER?**

**THURSDAY 12<sup>TH</sup> MARCH 2009 – 6.30 PM TO 8.30PM**

You are invited to attend an evening workshop designed to improve pathways around assessment care of patients receiving chemotherapy with particular focus on the role of the local medical practitioner.

Managing patients receiving chemotherapy requires close collaboration and communication between many people. This workshop is designed to review local patterns of practice, their unique strengths and weaknesses and potential areas for improvement. We plan to explore barriers to delivery of effective multidisciplinary cancer care and facilitate collaboration between metropolitan and local services. Our aim is to develop a standardised, co-ordinated approach to patient assessment and communication between care providers.

The South East has led the way in improvement of care of cancer patients in South Australia. We have great achievements to celebrate and further opportunities to build on them. Please join us and share your perspectives and insights about how we can best work together to benefit our patients.

Please RSVP by Friday 6<sup>th</sup> March 2009 via email to Heather Broadbent or Sharon Reinbrecht.

**DIETITIANS ASSOCIATION OF AUSTRALIA****Contact:**

Katherine Cook  
Marketing Dietitian  
P: 02 9905 9177  
F: 02 9905 0002  
E: [kcook@daa.asn.au](mailto:kcook@daa.asn.au)  
W: [www.daa.asn.au](http://www.daa.asn.au)

The Dietitians Association of Australia (DAA) along with its Accredited Practising Dietitian (APD) members are hosting Australia's Healthy Weight Week (AHWW) January 25 – 31, 2009. AHWW aims to help Australian's achieve a healthy weight by eating better, feeling better and moving more NOW. To mark the start of AHWW, DAA is launching a 10-week challenge to help Australian's kick start a healthier, happier lifestyle. Making small changes every week will add up over time, so encourage your patients to start the 10-week challenge today! Visit the AHWW website [www.healthyweightweek.com.au](http://www.healthyweightweek.com.au) for more information.

The DAA is the professional body representing Dietitians nationally. APD is the only national credential recognised by the Australian Government, Medicare, the Department of Veterans Affairs and most private health funds as the quality standard for Nutrition and Dietetics services in Australia. For more information visit [www.daa.asn.au](http://www.daa.asn.au).

**ASTHMA IN PRIMARY SCHOOL KIDS – SATELLITE BROADCAST PROGRAM.****Contact:**

Kelly Ward  
Ward Communications Pty Ltd  
P: 03 9744 1855  
M: 0407 860 834  
E: [kward@wardcom.com.au](mailto:kward@wardcom.com.au)

To coincide with the peak "back to school" Asthma period, the National Asthma Council Australia will host a special Rural Health Education Foundation Satellite broadcast program on January 27, 2009, funded by the Department of Health & Ageing.

Asthma in children differs from Asthma in adults in clinically important aspects and the program: A is for Asthma: Managing asthma in primary school kids, will feature a panel of experts who will explore key issues including the pattern of symptoms, anatomical factors and recommended treatments.

For more details, including local broadcast times and viewing sites, visit [www.rhef.com.au](http://www.rhef.com.au)



### LCDGP Event and Registration Form

If you would like to register for an event please tick the appropriate box and complete your details then fax to 8733 0169

| Event                     | Date & Time                 | Location                                   | RSVP             | Register<br>(Please tick) |
|---------------------------|-----------------------------|--|------------------|---------------------------|
| Pap Smear Provider Course | 10 <sup>th</sup> March 2009 | LCDGP – Millicent Hospital Conference Room | Helene Van Eeden |                           |
|                           |                             |  |                  |                           |
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|                           |                             |  |                  |                           |
|                           |                             |  |                  |                           |

Name: \_\_\_\_\_ Practice: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Mobile: \_\_\_\_\_

Special Dietary Requirements: \_\_\_\_\_

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