

ISSUE 2

LIMEJUICE

LIMESTONE COAST DIVISION OF GENERAL PRACTICE

12th February 2009

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Limejuice 12th February 2009

NEWS IN BRIEF....

The Limestone Coast Division of General Practice is proud to announce its new Chief Executive Officer is Colin Burden. Colin will commence at the Division on 16th March 09.

For previous Limejuice Newsletters visit www.limestonecoastgp.com.au

Health Promotion Calendar - FEBRUARY 2009

25th Year of the Blood Donor Launch www.donateblood.com.au

Health Promotion Calendar - MARCH 2009

1st – 31st Scleroderma National Awareness Month www.scleroderma.com.au

12th World Kidney Day www.kidney.org.au

12th World Glaucoma Day www.glaucoma.org.au

13th – 20th Celiac Awareness Day www.celiacsociety.com.au



The Juice Birthdays

February 2009
13th Dr Malcolm Gale
23rd Dr Stephan Van Eeden

VICTORIAN BUSHFIRE APPEAL

Donation can be made via the Red Cross website or by phoning 1800 811 700.
www.redcross.org.au



CONTACT LCDGP

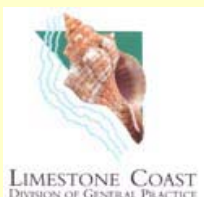
www.limestonecoastgp.com.au

edwinaw@limestonecoastgp.com.au

PH: 08 8733 0160 FAX: 08 8733 0169

PO Box 921, Millicent SA 5280

A.C. Shepherd Wing, Millicent Hospital, Mt Gambier Road



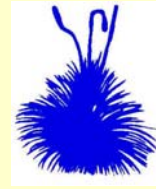


LCDGP news and events

Natala Drew

P: 8733 0160

E: ndrew@limestonecoastgp.com.au



Lucindale Field Days 20th & 21st March 2009

The Limestone Coast Division of General Practice will be hosting a site at this years Lucindale Field Days.

The site will be a venue for Health Checks, providing a port of call for Sun Smart awareness, Mental Health, Chronic Disease Management information, with Division Staff to assist with enquiries.

The Division encourages any of its members who could provide some of their valuable time to assist at the site Friday 20th & Saturday 21st March 2009.

If you can provide some assistance at the Field Day Site, please contact Natala Drew at the Division on 8733 0160.

VACANCY – PHARMACIST REQUIRED

Contact:

Glen Street Pharmacy Millicent

Crn Davenport & Glen Street

Millicent SA 5280

P: 8733 2059

A Pharmacist is required 1 day per week. Good remuneration and travel expenses.

Please contact Gillian at the Glen Street Pharmacy Millicent.

NON LCDGP news and events

Contact:

Anxiety Disorders Association South East Inc.

Helen Williams

Po Box 8130

Mount Gambier East SA 5290

P/F: 8723 9400

E: adasese@bigpond.com

W: www.anxitymtgambier.org.au

"A great Step Forward" – Basic program begins on 11th March 2009, Conference rooms, Mount Gambier Hospital 7pm to 10pm.

The course consists of 3 hour presentation, incorporating education and awareness of anxiety issues and depression, management skills, imagery, self help tools around lessening the impact of anxiety disorders.

Following on from the basic programs we offer an 11 week program – "A Great Step Forward, Mind over Mood".

Further to this course ADASE will be offering Peer Support to clients who would like to work on a more individual level.

Please contact ADASE for further information.

**RESOURCE ORDER FORM****Contact:**

The Aids Council of SA
PO Box 907 Kent Town SA 5071
P: 8334 1611
F: 8363 1046
E: informaiton@acsa.org.au

"Next Steps" is a new resource for people recently diagnosed with HIV.

The booklet covers a range of topics including treatments and monitoring, transmitting and preventing HIV, safe sex, relationships, sexually transmitted infections, legal rights, health maintenance, women's issues and the stages of adapting after diagnosis.

Next Steps is available to preview and download as a PDF from the website at www.acsa.org.au/resources.html

GPs WANT MEDICARE TO FOCUS ON PATIENTS AND PREVENTION, TO CUT RED TAPE

The Royal Australian College of General Practitioners (RACGP) has released a summary of responses received from general practitioners, reflecting their views on the Australian Government's review of specific items within the Medicare Benefits Scheme (MBS). The RACGP has been invited by The Hon Nicola Roxon, Minister for Health to submit a response to the review on behalf of the general practice profession.

A brief report outlining GP responses to the RACGP's call for comments is now available at www.racgp.org.au/reports/30134

AGED CARE STUDY DAY**Contact:****Louise Earl**

Mount Gambier & Districts Health Service
PO Box 267
Mount Gambier SA 5290
P: 8721 1578
F: 8721 1579

South East Nursing Development Program is hosting an Aged Care Study Day on Monday 30th March at the Naracoorte Health Service and Tuesday 31st March at The Millicent & District Hospital

The Study day will provide information on effective behaviour management and improving documentation Practice.

The program will be facilitated by N & C Baron and Associates

Applications close 16th March 2009.

Please see attached files for further information.

PALLIATIVE CARE FORUM FOR MEDICAL PRACTITIONERS**Contact:****Karen Cooper**

E: karen@anzspm.org.au
W: www.anzspm.org.au

The Australian and New Zealand Society of Palliative Medicine (ANZSPM) are hosting a series of forums across the country in April and May, designed for medical practitioners. The forum will cover delirium, information about "lightening up before death", indicators and method of administering palliative sedation, pain and symptom management. Accreditation with RACGP is forthcoming. Psychiatrist and palliative medicine specialist from New Zealand, Dr Sandy McLeod and Dr Jane Igham, a palliative medicine physician who holds newly created Academic Chair in Palliative Medicine at the University of NSW will be the speakers



at the forum. For further information please visit the Website at www.anzspm.org.au

**CARING FOR PATIENTS RECEIVING CHEMOTHERPAY – WHAT IS THE
ROLE OF THE LOCAL MEDICAL PRACTITIONER?**

THURSDAY 12TH MARCH 2009 – 6.30 PM TO 8.30PM

Contact:

Southern Adelaide Health Services

Sharon Reinbrecht

M: 0403 602 694

E: sharon.reinbrecht@health.sa.gov.au

Or

Heather Broadbent

M: 0488 040 715

Heather.broadbent@health.sa.gov.au

You are invited to attend an evening workshop designed to improve pathways around assessment care of patients receiving chemotherapy with particular focus on the role of the local medical practitioner.

Managing patients receiving chemotherapy requires close collaboration and communication between many people. This workshop is designed to review local patterns of practice, their unique strengths and weaknesses and potential areas for improvement. We plan to explore barriers of delivery of effective multidisciplinary cancer care and facilitate collaboration between metropolitan and local services. Our aim is to develop a standardised, co-ordinated approach to patient assessment and communication between care providers.

The South East has led the way in improvement of care of cancer patients in South Australia. We have great achievements to celebrate and further opportunities to build on them. Please join us and share your perspectives and insights about how we can best work together to benefit our patients.

Please RSVP by Friday 6th March 2009 via email to Heather Broadbent or Sharon Reinbrecht.

FAMILY CONNECTIONS

“BEING CONNECTED. STAYING CONNECTED”

Contact:

Family Connections

P: 1800 153 340

Family Connections gives information and support to families of young people who recently began to have symptoms of psychosis. Family members will receive one of two programs that are mailed to them over 12 months period. Both programs help build on their strengths to deal with this difficult challenge.

For further information about the program please contact 1800 153 340.

Please see attached files for further information.

MASTERS IN EMERGENCY HEALTH 2009

Contact:

Monash University

Medicine, Nursing and Health Sciences

This course is designed for emergency health practitioners interested in improving their clinical knowledge and aspiring to leadership positions in their field of practice.

Applicants are required to have completed a bachelors degree



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Ingrid Brooks

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E: ingrid.brooks@med.monash.edu.au

W: www.med.monash.edu.au/cehpp

in emergency health or equivalent undergraduate studies leading to practice as a health professional.

To apply visit:

www.adm.monash.edu.au/admissions/pgdirectappform.html

Contact:

Kirsten Hawthorn

Primary Health Care Project Officer –
Cancer Prevention Unit

PO Box 929, Unley SA 5061

P: 8291 4265

F: 8291 4268

WHERE TO PURCHASE AN FOBT

Cancer Council SA is now selling InSure FOBT kits as part of a trial to increase access to South Australians. Prior to purchasing, people are informed about the National Bowel Cancer Screening Program and the recommendation for screening when over 50 years of age unless there are symptoms of a family history, where they are advised to contact their doctor.

Kits are \$25 or \$15 for pensioners and health card holders, which includes postage and pathology.

For more information or to purchase a kit, your patients can call the Cancer Council Helpline on 13 11 20 or order online at www.cancersa.org.au

Contact:

Sports Medicine Australia (SA Branch)

PO Box 219, Brooklyn Park SA 5032

P: 8234 6369

E: members@smasa.asn.au

W: www.smasa.asn.au

2009 SMA – SA STATE CONFERENCE

“WORKING WITH A SPORTING TEAM”

The 2009 State Conference for Sports Medicine Australia – SA Branch will be held on Saturday 14th and Sunday 15th March 2009.

The Venue is the McCracken Country Club, Victor Harbour.

Please see attached files for further information.

A call for expressions of interest for the 2009 Course in - Sports Medicine in General Practice for Doctors, is currently open. The course has been developed and coordinated by Sports Medicine Australia SA Branch as a practical course in Sports Medicine for General Practitioners working with active people of all ages and at all levels.

Please see attached files for further information



LCDGP Event and Registration Form

If you would like to register for an event please tick the appropriate box and complete your details then fax to 8733 0169

Event	Date & Time	Location	RSVP	Register (Please tick)
Practice Manager Meeting	3 rd March 2009	St John Ambulance Centre Penola	Donna Willoughby	<input type="checkbox"/>
Pap Smear Provider Course	10 th March 2009	LCDGP – Millicent Hospital Conference Room	Helene Van Eeden	<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>

Name: _____ **Practice:** _____

Phone: _____ **Fax:** _____

Mobile: _____

Special Dietary Requirements: _____

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