

ISSUE 1

LIMEJUICE

LIMESTONE COAST DIVISION OF GENERAL PRACTICE

JANUARY 2009

Welcome to the new Limejuice edition 2009

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Welcome to the first edition of the new limejuice for 2009, We trust you all had a safe and happy new year.

With the New Year commencing, The Limestone Coast Division of General Practice Farewell's Ralph Kogler, as he finishes with the Division on the 16th January 2009. Ralph takes up a position with B.I.N.S.A. – Brain Injury Network of S.A., Adelaide.

"I have thoroughly enjoyed working with the Division in the Limestone Coast and I leave with a great deal of reluctance. I wish everybody well and hope the Division keeps growing and providing good support to its members and the community", Ralph Kogler.



HEALTH DIARY

The "Health Diary" has been designed as a patient held record which will make it easier for patients, carers, doctors and other health care providers to manage and keep track of personal health care information in the best possible way.

The "Health Diary" will be initially introduced across the Limestone Coast Region, with the intention of deploying it state -wide and finally nationally.

The "Health Diary" has been developed by the Limestone Coast Division of General Practice following discussions with GPs, practice staff, South Australian Ambulance Service, Hospitals Emergency Departments, Allied Health Professionals and patients about the need for better communication regarding personal health care and the importance of patient control. This collaborative effort has enabled the integration of personal care information in a format tailored to patient needs.

Practices will be receiving copies of the Health Diary February. For further information contact Noelynn Mason at nmason@limestonecoastgp.com.au



The Juice Birthdays

4th Pulak Sarker

6th Nafeesa Moolla

13th Dr Milton McArthur

20th Dr Trevor Burchall



CONTACT LCDGP

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PH: 08 8733 0160 FAX: 08 8733 0169

PO Box 921, Millicent SA 5280

A.C. Shepherd Wing, Millicent Hospital, Mt Gambier Road





LCDGP news and events

Contact:

Robyn Wyld
2IC / Administration Manager
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rwylid@limestonecoastgp.com.au

TIER 1 ACHIEVED FOR THE DIVISION

The Limestone Coast Division of General Practice achieved Tier 1 status in Decemeber of 2008, in reporting to the Department of Health and Ageing.

The Limestone Coast Division of General Practice is 1 of 3 Divisions in Australia to obtain this status, and the only Division in South Australia to do so. Well done to all staff on this great achievement!

Contact:

Helen Van Eeden
Practice Nurse Program Offcier
8733 0160
hvaneeden@limestonecoastgp.com.au

PAP SMEAR PROVIDER COURSE – 10TH MARCH 2009

SHine SA inconjuction with SA Cervix Screening Program, has developed a Pap Smear Provider Course. The course is suitable for registered nurses, midwives and practice nurses, who could include Pap Smears as part of their clinical practice.

The Program consists of:

- Pre-workshop readings and workbook.
- One-day theoretical workshop.
- Negotiated clinical placement at SHine SA that enables participants to attain provisional competency.
- Three-month post placement evaluation of performance to attain certificate of competency.
- Optical annual / biannual skills assessment review as needed.

The course will be held on the 10th March 2009 at the Conference Room, Millicent Hospital. A Limit of 8 places only. Please contact Helene Van Eeden at the Division for more information and course registration.

NON LCDGP news and events

Contact:

RDNS Education Centre
44 Greenhill Road
Wayville SA 5065
P: 8208 5300
F: 8208 5311
W: www.rdnseducation.edu.au
E: education@rdns.org.au

RFDS – EDUCATION CENTRE

A Community Health Support Manual is soon for release in 2009. This is an evidence based manual for training and competency assesement of careworkers.

The Manual has been written by a team of Clinical Nurse Consultants with extensive industry experience in both the aged and disability care sectors and rigorously reviewed by the RDNS Research team.

To register your interest in this manual please email:
education@rdns.org.au



PRACTICE TEAM EDUCATION

Contact:

The Royal Australian College of
General Practitioners

College Hosue

15 Gover Street

North Adelaide SA 5006

P: 8267 8310

F: 8267 8319

W: www.racgp.org.au

Course: Injury Management in the Compensation Sector

Date: Tuesday 3rd February 2009

Speaker: Fiona Meredith, Manager, Best Practice Development Team, Workcover SA

Course: Basic First Aid

Date: Tueasday 10th February 2009

Speaker: Dr Hugh Grantham

Course: Team Building

Date: Tueaday 3rd March 2009

Course facilitators: Venture Corporate Recharge

Course: Effective Communication & Customer Service

Date: Tuesday 17th March 2009

Speaker: Ms Ro Forgan

Cost for courses: \$60 (members practice staff) & \$80 (non-members practice staff)

Confirmation: A confirmation letter will be posted upon registration & payment.

Cancellation Policy: Cancellations received 2 working days prior to the commencement date of each course will be refunded in total. Any Cancellation received after this time will not be refunded.

HEALTH & MEDICAL EDUCATIONAL DVD RESOURCES

Contact:

Rural Health Education Foundation

Unit 17K

2 King Street Deakin ACT 2600

(PO Box 324, Curtain ACT 2605)

P: 02 6232 5480

F: 02 6232 5484

W: www.rhef.com.au

E: rhef@rhef.com.au

The Rural Health Education foundation is unique as the only Australia wide provider of health and medical educational television resource for rural and remote health professionals.

A Full list of all the Foundation's programs is available via the website at www.rhef.com.au , where you can also view or listen and purchase DVD copies.

Please contact the Foundation for further information.

**Contact:**

Southern Adelaide Health Services

Sharon Reinbrecht

M: 0403 602 694

E: sharon.reinbrecht@health.sa.gov.au

Or

Heather Broadbent

M: 0488 040 715

Heather.broadbent@health.sa.gov.au

CARING FOR PATIENTS RECEIVING CHEMOTHERAPY – WHAT IS THE ROLE OF THE LOCAL MEDICAL PRACTITIONER?

THURSDAY 12TH MARCH 2009 – 6.30 PM TO 8.30PM

You are invited to attend an evening workshop designed to improve pathways around assessment care of patients receiving chemotherapy with particular focus on the role of the local medical practitioner.

Managing patients receiving chemotherapy requires close collaboration and communication between many people. This workshop is designed to review local patterns of practice, their unique strengths and weaknesses and potential areas for improvement. We plan to explore barriers to delivery of effective multidisciplinary cancer care and facilitate collaboration between metropolitan and local services. Our aim is to develop a standardised, co-ordinated approach to patient assessment and communication between care providers.

The South East has led the way in improvement of care of cancer patients in South Australia. We have great achievements to celebrate and further opportunities to build on them. Please join us and share your perspectives and insights about how we can best work together to benefit our patients.

Please RSVP by Friday 6th March 2009 via email to Heather Broadbent or Sharon Reinbrecht.

DIETITIANS ASSOCIATION OF AUSTRALIA

Contact:

Katherine Cook

Marketing Dietitian

P: 02 9905 9177

F: 02 9905 0002

E: kcook@daa.asn.au

W: www.daa.asn.au

The Dietitians Association of Australia (DAA) along with its Accredited Practising Dietitian (APD) members are hosting Australia's Healthy Weight Week (AHWW) January 25 – 31, 2009. AHWW aims to help Australian's achieve a healthy weight by eating better, feeling better and moving more NOW. To mark the start of AHWW, DAA is launching a 10-week challenge to help Australian's kick start a healthier, happier lifestyle. Making small changes every week will add up over time, so encourage your patients to start the 10-week challenge today! Visit the AHWW website www.healthyweightweek.com.au for more information.

The DAA is the professional body representing Dietitians nationally. APD is the only national credential recognised by the Australian Government, Medicare, the Department of Veterans Affairs and most private health funds as the quality standard for Nutrition and Dietetics services in Australia. For more information visit www.daa.asn.au.



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ASTHMA IN PRIMARY SCHOOL KIDS – SATELLITE BROADCAST PROGRAM.

Contact:

Kelly Ward

Ward Communications Pty Ltd

P: 03 9744 1855

M: 0407 860 834

E: kward@wardcom.com.au

To coincide with the peak “back to school” Asthma period, the National Asthma Council Australia will host a special Rural Health Education Foundation Satellite broadcast program on January 27, 2009, funded by the Department of Health & Ageing.

Asthma in children differs from Asthma in adults in clinically important aspects and the program: A is for Asthma: Managing asthma in primary school kids, will feature a panel of experts who will explore key issues including the pattern of symptoms, anatomical factors and recommended treatments.

For more details, including local broadcast times and viewing sites, visit www.rhef.com.au



LCDGP Event and Registration Form

If you would like to register for an event please tick the appropriate box and complete your details then fax to 8733 0169

For further enquiries regarding these events please contact Sara Gray
sgray@limestonecoastgp.com.au

Event	Date & Time	Location	RSVP	Register (Please tick)
Cardiology Workshop	5 th February 2009	Commodore on the Park, Mount Gambier	Sara Gray	<input type="checkbox"/>
Pap Smear Provider Course	10 th March 2009	LCDGP – Millicent Hospital Conference Room	Helene Van Eeden	<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>
				<input type="checkbox"/>

Name: _____ **Practice:** _____

Phone: _____ **Fax:** _____

Mobile: _____

Special Dietary Requirements: _____

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